

Parish Life January 27 - February 4

Saturday, January 27 *St. John Chrysostom* (Relics Translation)

- 6:30pm Great Vespers
- 7:20pm Confessions

Sunday, January 28 *St. Ephraim the Syrian*

Publican & Pharisee Sunday - Begins a Fast Free Week

- 9am Sunday School
- 10am Divine Liturgy
- 12:30pm Fellowship Hour (Team I - Frangedakis)
- 12:30pm Bread Ministry (Ben, Becca)
- 5pm Youth Group

Monday, January 29

- 6:30pm Great Vespers for 3 Holy Hierarchs

Tuesday, January 30 *Synaxis of 3 Holy Hierarchs*

- 8am Liturgy for 3 Holy Hierarchs
- 6:30pm Orthodox Christian Fellowship (OCF) at UK

Wednesday, January 31

- 6:30pm Vespers
- 7:20pm Christian Ed Class: Part III of IV,
"The Arena" by Bishop Ignatius (Brianchaninov)

Thursday, February 1

- 6:30pm Vigil for Meeting of the Lord
- 8:30pm Confessions

Friday, February 2

- 8am Liturgy for Meeting of the Lord

Saturday, February 3

- 6:30pm Great Vespers
- 7:20pm Reception of Lopes Family into Orthodox Faith
- 7:40 Confessions

Sunday, February 4 **Prodigal Son Sunday** / OCA Stewards Sunday

- 9am Sunday School
- 10am Divine Liturgy
- 12:30pm Fellowship Hour (Team II - Werner)
- 12:30pm Bread Ministry (Lisa, Linda)



Saint Athanasius

ORTHODOX CHURCH

Sunday, January 28, 2018

Today's Readings: 2 Timothy 3:10-15 Luke 18:10-14

Sunday of the Publican & Pharisee



On the week that follows this Sunday, according to ancient custom all fasting is suspended in recognition that--no matter how great our external piety--we are never saved by works of the Law alone.
"A humble and contrite heart thou wilt not despise, O Lord."

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**His Beatitude Tikon, Archbishop of Washington,
Metropolitan of All America and Canada**

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Today, *The Sunday of the Publican and Pharisee*, is the beginning of the **Lenten Triodion**, and the week following is fast-free in anticipation of the Great Lenten Fasting season that begins February 19. Check your mailboxes for updated February/March calendars. Lenten calendars completed thru Holy Pascha will be available next weekend to assist in planning your Lenten journey.

Special Feasts and Services this Coming Week

- ★ *Synaxis of the 3 Holy Hierarchs* - Tuesday, January 30
 - **Great Vespers** at 6:30pm Monday (no confessions)
 - **Liturgy** at 8am Tuesday
- ★ *Meeting of the Lord in the Temple* - Friday, February 2
 - **Vigil** at 6:30pm Thursday, Confessions following
 - **Liturgy** at 8am Friday

Wednesday Vespers at 6:30pm on January 31. The Christian Education Class will follow with continuing discussion on "The Arena." Since this is a fast-free day, feel free to bring snacks/drinks.

Visitor Sunday—coming up in 2 weeks—February 11

Be thinking about who you will invite to visit our parish, and remember that we will be having a meatfare potluck for Fellowship/ Coffee Hour. Fr. Justin will lead a church tour after Liturgy.

Thank You Anna Rij and Bethany Sheldahl for volunteering to serve the Bread Ministry!

Date	Lead Servers	Bread Ministry	Doorkeeper	Greeter	Fellowship Hour	Hand-maidens	Prospora
Jan 27/28	JP / Silas	Ben / Becca	Paul Frangedakis	Josh Lourie	Team I Frangedakis	Becca / Karis	Ryan Winter
Feb 3/4	Silas / Abial	Lisa / Linda	Jeff Hart	John Mize	Team II Werner	Suzannah / Nicole	Ryan Winter
Feb 10/11	JP / Jared	Collins / Hannah /Karis	Chris Naughton	Rebecca Wilson	Meatfare Potluck	Teresa / Shannon	Alina Rizea
Feb 17/18	Silas / Jared	Ben / Becca	Linda, Myra, Shannon	Josh Lourie	Cheesefare Potluck	Anya / Myra	Alina Rizea

Welcome to all visitors who are with us today!

NOTE: HOLY COMMUNION IS GIVEN ONLY TO ORTHODOX CHRISTIANS WHO HAVE KEPT FAST, MADE RECENT CONFESSION, AND ARE AT PEACE WITH NEIGHBORS.

Weekly Etiquette Note - Crossing Those Legs

In some Orthodox cultures, crossing one's legs is taboo and considered to be very disrespectful. In our North American culture, while there are no real taboos concerning crossing one's legs, we tend to cross our legs to get comfortable while sitting. Should we cross our legs in church? No, not because it is "wrong" to ever cross legs, but rather because it is too casual - and too relaxed - for being in church. Just think about it, when you get settled in your favorite chair at home, you lean back, cross your legs, and then your mind can wander anywhere it wants to. Remember that sitting in church is a concession, not the normative way of prayer. You surely don't want to get too relaxed and let your mind wander off too much. In fact, when you do sit in church, you should sit attentively - and not too comfortably. When sitting in church, keep those feet on the floor, ready to stand at attention (which is what "Let us attend" means). Cross yourself with your fingers and hand - but don't cross your legs!

Lenten Day Retreat on Saturday, March 3 at St. Athanasius with Archpriest Stephen Freeman, pastor of St. Anne Orthodox Church in Oak Ridge, TN. Fr. Stephen will be speaking on *Providence and the Divine Fire*. Be sure to mark your calendar for this special day! More information in the coming weeks.

GIVE SECURELY ONLINE AT: ATHANASIUSOCA.ORG/GIVE

Counters— ***Please allow them to be 1st kissing the Cross & coffee/food line.	Tray Offerings	tithe.ly offerings	Month-to-Date Offerings	Weekly Budget \$3,330.00	Special Offerings
1/28 Mary/Patrick 2/4 Rick/Ellie 2/11 Tim/Mary 2/18 Rick/Patrick	Jan 21 \$ 2,086.00	Jan 21 \$ 20.00	Jan 21 \$ 7,096.15	Monthly Budget \$14,432	n/a