

Services & Activities: Feb. 22 - March 1

	St. Athanasius	St. Nina
Sunday, February 22 <i>Forgiveness Sunday + Cheesefare</i>	9:30am - Divine Liturgy 11:15am - Children's Sunday School 11:20am - Fellowship Hour 12:00pm - Bread Ministry 5:00pm - Forgiveness Vespers	
Monday February 23	7:00am - Lenten Matins 8:00am - Confessions 6:30pm - Compline w/Great Canon of St. Andrew 7:45pm - Confessions	
Tuesday, February 24 <i>Findings of Head of John the Baptist</i>	7:00am - Lenten Matins 8:00am - Confessions 6:30pm - Compline w/Great Canon of St. Andrew 7:45pm - Confessions	6:30pm - Compline w/Great Canon of St. Andrew & Confessions @ St. Nina
Wednesday, February 25	7:00am - Lenten Matins 8:00am - Confessions 5:45pm - 9th Hour & Typika 6:00pm - Liturgy of Presanctified Gifts 7:15pm - Lenten Soup & Salad Dinner	
Thursday, February 26	7:00am - Lenten Matins 8:00am - Confessions 5:45pm - 9th Hour & Typika 6:00pm - Liturgy of Presanctified Gifts 7:15pm - Lenten Soup & Salad Dinner	
Friday, February 27 <i>St. Raphael of Brooklyn</i>	10:45am - Hours & Typika 11:00am - Liturgy of Presanctified Gifts	
Saturday, February 28 <i>St. Theodore Saturday (Departed Soldiers)</i>	9am - 4pm - Liturgy & Lenten Retreat 6:15pm - Memorial Litya for Departed Soldiers 6:30pm - All-Night Vigil 8:10pm - Confessions	6:30pm - Great Vespers & Confessions @ St. Nina
Sunday, March 1 <i>Sunday of Orthodoxy</i>	9:30am - Divine Liturgy 11:15am - Children's Sunday School 11:20am - Fellowship Hour 12:00pm - Bread Ministry 5:00pm - Triumph of Orthodoxy Vespers @ St. Michael's in Louisville	

February 22, 2026 - Cheesefare Sunday (Forgiveness Sunday)



**Sunday of Cheesefare:
Expulsion of Adam from Paradise**

Welcome to St. Athanasius Orthodox Church!

Welcome to all Visitors! Feel free to participate at your comfort level. Greeters and Doorkeepers are happy to assist you. As a reminder to all, Holy Communion is only given to Orthodox Christians who have kept fast, made recent confession, and are at peace with their neighbors.

Today is Cheesefare, Forgiveness Sunday. Join us for Forgiveness Vespers this afternoon at 5pm. At Forgiveness Vespers we sing: "Let us begin the time of fasting in light, preparing ourselves for spiritual efforts. Let us purify our soul, let us purify our body. As we abstain from food, let us abstain from all passion and enjoy the virtues of the spirit...."

Triumph of Orthodoxy Vespers

We have been invited to join St. Michael's in Louisville for their Triumph of Orthodoxy Vespers next Sunday, March 1st at 5pm, which is the Sunday of Orthodoxy.

Soup & Salad Sign Ups

Every Wednesday after Presanctified Liturgy until Holy Week, we are gathering in the Fellowship Hall for a Lenten Soup and Salad meal. Please find the sign up here to bring something or help clean up afterwards:



Lenten Guides are now available in the narthex.

Each guide include fasting guidelines and liturgical explanations for the season, as well as a Lenten calendar and letter from Fr. Giorgi encouraging the faithful as the fast begins.

Welcome to Ruth Sills as our newest parish council member!



Diocesan Leadership

His Beatitude Tikhon, Archbishop of Washington, Metropolitan of All America and Canada
His Eminence Alexander, Archbishop of Dallas and the South
His Grace Bishop Gerasim, Bishop of Ft. Worth, Diocesan Administrator

The St. Elizabeth Sisterhood

will volunteer at the Jessamine County Food Pantry, 104 S. 2nd Street, Nicholasville, on Saturday, March 7, 2026, from 10:00-12:00. We will be cleaning and organizing to help the pantry prepare for food distribution. Please let us know if you can help so we can plan.

RSVP to Mary Bradshaw, mary.bradshaw81@gmail.com. Contact Mary Cook, cook4me@gmail.com.

January Financial Update

January 2026		
Category	St. Athanasius	St. Nina
Budgeted Income:	\$30,593.25	\$1,720.83
Actual Income:	\$24,206.99	\$480.00
Over / Under:	(\$6,386.26)	(\$1,240.83)
Actual Expenses:	\$28,050.95	\$1,561.82
Actual Over / Under:	(\$3,843.96)	(\$1,081.82)

See our January Financial Update Above.

Saturday, February 28 -----

a Lenten pan-Orthodox Retreat at St. Andrew, featuring Dr. Jeannie Constantinou, a bestselling Orthodox author and biblical scholar. As the first Saturday of Great Lent, St. Theodore Saturday, Divine Liturgy will be celebrated @ 9 AM to "kick off" the retreat. One can only benefit from Dr. Constantinou's timely talks on both "Thinking Orthodox" as well as "The Crucifixion of the King of Glory," which are based on her most recent and popular works. Both books will be available with an autograph session that has been planned.

Since it is the Lenten season how we as Orthodox "think" and approach Lent has been integrated. This should be an enlightening and inspirational experience. Lunch is included in the \$10 registration fee. Limited space – registration required.



Foster Parenting Presentation

Join us for a special presentation on foster parenting on Wednesday, March 4th at 7:30pm. This will take place after the Liturgy of Presanctified Gifts and during our lenten soup and salad dinner.



Mid-Liturgy Catechesis: Sunday Schedule

Upcoming--> March 1, 15, 29.

Catechumens are encouraged to attend these teachings to learn about Christ and His Church in their catechumenate journey.

Regular Memorial Saturdays for Pre-Lent began Saturday, February 14. Over the next 8 weeks, we will add a Memorial Liturgy (6:15-6:30pm) every Saturday. Stay tuned for additional Memorial Services during the season, as well.

Adult Sunday School classes are usually held online on Thursdays from 8-9pm via Google Meet. Join us virtually via this QR code on Thursdays:



Online Giving If you find it more convenient to give online, please scan the QR code and follow the instructions on the website.

Parish Leadership

Archpriest Justin Patterson, Rector fr.justin@bluegrassorthodox.org / 859-361-2823
Priest Giorgi Lomsadze, Associate Priest / fr.giorgi@bluegrassorthodox.org / Cell: 914-267-7829
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